

# PREGNANCY COUNSELING

## A helping hand through your pregnancy

### We can help you with

- The counseling sessions can e.g. deal with topics such as pregnancy discomforts, pregnant at work, diet and lifestyle, birth, the first period after birth, maternity and breastfeeding advice, the child's well-being and development, the parental role, reactions and postpartum depression, as well as the couple relationship.
- We can also help you with support and advice in connection with an abortion.
- Our pregnancy counselors all have a relevant healthcare background, including nurses with experience from neonatal and maternity units.

### How to

- You can call us Monday- Friday during 9-16 at +45 70 20 61 21.

Contact Dansk  
Sundhedssikring  
9 - 16 Monday-Friday  
→ +45 70 20 61 21

