

# OPTION A: Acupuncture, reflexology, osteopathy and dietitian

## How we cover you

- Get help for physical ailments in the body with acupuncture, reflexology and osteopathy, without the need for a referral from a doctor.
- We can also assist with a dietitian if there is a health-related justification or medical reason for this. There is no requirement for a specific BMI.
- Free choice of therapist, however acupuncturist and reflexologist must be RAB-approved, just as dietitians and osteopaths must be licensed.
- 10 treatments are covered per type of treatment per health issue, and a maximum of 10 treatments per type of treatment per calendar year.

## Make a claim

- You can make a claim as well as register you family online via [User portal](#) at [www.ds-sundhed.dk](http://www.ds-sundhed.dk).

Contact Dansk Sundhedssikring via the User portal or by phone during weekdays 8-15 weekends 9-11

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