

# CRISIS PREVENTION AND SUPPORT HELPLINE

## Prevent early signs of stress and unhappiness

### Advice is provided

- Reduction and prevention of early signs of stress and unhappiness, private well-being problems. eg. children, co-habitation, divorce, lifestyle and abuse, work-related well-being problems, e.g. burnout, dismissal, bullying and conflicts.
- A doctor's referral is not required, and the counseling team will determine whether follow-up interviews are needed.

- The stress and well-being line is handled by our mental health team.

### Terms of use

- You can call the stress and well-being line every weekday between 9 a.m. and 4 p.m. at telephone 70206121.

Contact the  
Support Line  
9 - 16 Mon-Friday

→ +45 70 20 61 21

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