

# OPTION F: TREATMENT OF CHRONIC DISEASES

## You get

- Treatment of newly arising and existing long-term/chronic musculoskeletal disorders with up to 12 treatments per calendar year by a physiotherapist, chiropractor, physiotherapy masseur or shock wave therapy (ESWT) performed by a physiotherapist or chiropractor.
- Of the 12 treatments, a maximum of 4 of them can be physiotherapy massage, and a maximum of 4 of them can be shock wave therapy performed by a physiotherapist or chiropractor.
- Help with telephone psychological help for persistent mental disorders, e.g. ADHD, autism, eating disorders, phobias, PTSD, chronic depression, and complex states of grief.

## How to make a claim

- You can make a claim as well as register you family online via [Mthe User portal](#) at [www.ds-sundhed.dk](http://www.ds-sundhed.dk).

Contact Dansk Sundhedssikring via the User portal or by phone during weekdays 8-15 weekends 9-11  
**+45 70 20 61 21**

