

CRISIS PREVENTION AND SUPPORT HELPLINE

Help to your mental well-being at work

You get

- Professional advice and guidance from healthcare workers with expertise in mental health, e.g. psychotherapists, nurses or psychologists.
- Help with private problems, such as personal crises, children, cohabitation, divorce, lifestyle and abuse.
- Help with well-being problems at work, like burnout, dismissal, bullying and conflicts.

Terms of use

- Your company must have health insurance for its employees through Dansk Sundhedssikring

Contact the
Support line
9 - 16 Mon-Fri

→ +45 70 20 61 21

