

BASIC: HEALTH NAVIGATOR AND HEALTH COUNSELLING

You get

- Telephone consultations with nurses, physical therapists, and doctors are offered for all health and wellness issues including those that do not require actual treatment or are not covered by insurance.
- The health team's advisory lines provide access to guidance on, among other things, health and well-being, wellness issues, stress and stress prevention, substance abuse problems, pain, pregnancy, treatment processes, and management challenges.
- Our health team has in-depth knowledge of both the public and private healthcare systems.
- Through our unique Health Navigator and coordinator concept, we offer assistance in planning and carrying out examinations and treatment processes, as well as guidance on the public health system's services — such as patient rights, complaint procedures, diagnostics and treatment guarantees, reviewing medical records, scheduling appointments, transportation, and more.

